PAST TENSE CHART

Tense	Rule	Example
Simple Past Tense	Subject + Verb in Past Tense + Rest of the Sentence	Nupur went to the supermarket yesterday.
Past Continuous Tense	Subject + Helping Verb (was/were) + Main Verb + ing + Rest of the Sentence	It was snowing today.
Past Perfect Tense	Subject + Helping Verb (had) + Past Participle of the Main Verb + Rest of the Sentence	She had met him before the party.
Past Perfect Continuous Tense	Subject + Had + Been + Verb + ing + Rest of the Sentence	He had been drinking milk out of the carton.